

# THE MEADOWS MALIBU

Intake: 833.714.1285

MeadowsMalibu.com

Malibu, California

A Meadows Behavioral Healthcare Program

## Professionals Program

Licensed health professionals and those governed by a regulatory board risk their careers and reputation when they find themselves struggling with a substance use disorder. A highly experienced medical and clinical staff can make a difference in their career restoration and healthy work/life balance for these professionals. The Meadows Malibu intensive program is designed to do just that.

### OUR EXPERTISE

The Meadows Malibu Professionals Program, guided by Dr. Michel Sucher, is designed for medical doctors, dentists, nurse practitioners, medical students, business executives, and other professionals with substance use disorders and other potentially impairing conditions. Our knowledgeable staff knows what's at stake for these individuals and can provide the treatment necessary to mitigate risk and maximize success.

Our Professionals Program has a 45-day average length of stay and is variable based on the patient's progress through the program. This gives clients the medically necessary time for better outcomes.

We'll help navigate board and professional health program requirements for reinstatement and address the individual's addiction, dual diagnosis, and underlying issues. We provide:

- In-depth psychological and psychiatric evaluation
- Highly individualized and structured treatment plan based on clinical findings as well as Professional Health Program Board and referent requirements
- Weekly professionals group with Dr. Sucher
- Family programming, which could include professional colleagues
- Career restoration
- Regular progress communications with referent and PHP, Board and/or Employer as appropriate
- Documentation packaging to address PHP State Board requirements
- Practice assessment with Dr. Sucher to achieve work and life balance upon discharge
- Participation in aftercare monitoring groups during treatment

Clients in the Professionals Program also benefit from the holistic and highly customized treatment programming The Meadows Malibu is known for. We follow a trauma-focused model and adhere to the Three Principles as guideposts for treatment. Clients may access our Brain Center to utilize the state-of-the-art equipment to promote self-regulation skills, which improve physical and mental health. Our clients also enjoy healthy gourmet meals, high-end accommodations, healing experiences, and our beautiful ocean view and natural surrounding.

### LEADERSHIP

MICHEL SUCHER, MD, DFASAM  
EXECUTIVE MEDICAL DIRECTOR



Dr. Sucher has been a leader in addiction medicine for decades and served as the medical director of the monitored after-care programs for the Arizona Medical Board, the Arizona State Board of Dental Examiners, and the State Bar of Arizona for over 25 years. He founded the California Physicians Health Program in 2004, and functioned as its president until transferring it to others in 2020. Dr. Sucher is a consultant in addiction medicine to most Arizona healthcare regulatory agencies and boards. Additionally, he served as the acting medical director of the Division of Behavioral Health at the Arizona State Department of Health Services.

Dr. Sucher developed Mission Pacific Coast Recovery's Professional Assessment Service at Mission Hospital Laguna Beach, where he served as a consultant in professional health and practiced addiction medicine. He is certified as a medical review officer by ASAM. The American Board of Addiction Medicine granted him diplomate status in 2009, and he is a past president of the Arizona Society of Addiction Medicine.

MICHELE LEWINTER, LMFT  
EXECUTIVE DIRECTOR, THE MEADOWS MALIBU



A licensed marriage and family therapist, Michele's past experience includes positions at Sierra Tucson as a family therapist and assistant clinical director and running the "quality of life" workshops at Miraval. From there, she established a private practice for two decades with a specialty in couples and addictions.

Michele started at The Meadows Outpatient Center in Scottsdale as a therapist before transferring to Wickenburg, where she became the clinical supervisor for the interns. After a three-year break to care for her aging parents, she returned as part of the Meadows Case Management team. Before long, she was chosen to head the program at The Meadows Malibu.